

**Sailing Instructions**  
**40<sup>th</sup> George Washington Birthday Regatta**  
**Lake Eustis Sailing Club**  
**February 20-21, 2010**



- 1. RULES**
  - 1.1. The regatta will be governed by *The Racing Rules of Sailing for 2009-2012*.
- 2. ENTRIES and SAFETY**
  - 2.1. This event is an open dingy regatta to include both one-design and Portsmouth handicap classes. Five or more entries for one class will constitute a one-design class. Ten or more entries of one class are required for a separate start. Entries must be completed and all fees paid by close of registration before any boat is to be scored.
  - 2.2. Each competitor is responsible for their own safety. Boats must carry safety equipment in accordance with US Coast Guard regulations and the rules of their one-design class. The LESC Race Committee strongly advises that all sailors wear a US Coast Guard approved PFD (personal flotation device) while on the water.
  - 2.3. PFDs must be worn by all participating Junior Sailors.
- 3. NOTICES TO COMPETITORS**
  - 3.1. Notices to competitors will be posted on the Official Notice Board located at LESC clubhouse.
- 4. CHANGES IN THE SAILING INSTRUCTIONS**
  - 4.1. Any change to the sailing instructions will be posted at the completion of the Competitors' Briefing or prior to 9:00 a.m. on the day the change is to take effect, whichever is later.
  - 4.2. The schedule of racing for Sunday will be posted by the end of the protest period following the last Saturday race.
- 5. COMPETITORS' BRIEFINGS**

February 20, 2010, 10:00 a.m. for all classes at the LESC Clubhouse.
- 6. SIGNALS MADE ASHORE**
  - 6.1. Signals made ashore will be displayed by the course signal boat.
  - 6.2. When flag AP (Answering Pennant) is displayed, "1 minute" is replaced with "not less than 45 minutes" in Race Signal AP.
  - 6.3. Approximately one hour prior to the scheduled warning signal, the signal boat will make one sound signal.
- 7. SCHEDULE OF RACES**
  - 7.1. The warning signal for the first race will be at 11:00am Sat February 20, 2010
  - 7.2. Races may be sailed back-to-back.
  - 7.3. No race shall start after 2:00 p.m. on February 21, 2010.
  - 7.4. A race will be deemed to have started if the original start is within the deadline, regardless of any general recall, postponement, or abandonment.
  - 7.5. One (1) race must be completed to constitute a regatta. 5 Races are scheduled
- 8. RACING AREA**
  - 8.1. The racing area will be the waters of Lake Eustis.
  - 8.2. The Course areas will be described at the Competitors' Briefing and/or posted on the Official Notice Board.
- 9. ABANDONMENT AND SAFETY**
  - 9.1. When a race is abandoned due to threatening weather or other safety reasons, all boats are to discontinue racing and find safe harbor. If this signal is made after one or more boats have finished, any boat or boats not finished may be scored at the discretion of the PRO who may also order the race abandoned. This changes RRS 32.1
- 10. THE COURSE**
  - 10.1. The courses to be used are diagramed at the end of the Sailing Instructions.
  - 10.2. The RC Signal Boat will display the course designator and the approximate compass heading from the start line to the first mark.
  - 10.3. An offset mark will be used at the windward mark.
  - 10.4. A gate may be used as the leeward mark.
- 11. MARKS**
  - 11.1. The marks will be described at the Competitors' Briefings.
  - 11.2. The windward mark will have an offset which will be a round, orange buoy.
- 12. THE START**
  - 12.1. Individual class starts will be provided for classes with 10 or more entrants. Classes with less than 10 entrants and Portsmouth handicap class may be grouped for a single start.
  - 12.2. The starting groups and class flags will be announced at the Competitor's Briefing.
  - 12.3. Signals will be made from a race committee signal boat at the starboard end of the starting line.
  - 12.4. Approximately sixty seconds prior to the first warning, an intermittent sound signal will be made. This is not part of the starting sequence.
  - 12.5. The Starting Line will be either
    - 12.5.1. between a staff displaying an orange flag on the RC boat at the starboard end and a mark at the port end.
    - 12.5.2. between two RC boats displaying orange flags.
  - 12.6. A boat attempting to start more than 3 minutes after her starting signal shall be scored DNS.
- 13. RECALLS**
  - 13.1. Following the display of the individual recall signal, the RC may announce by hailer the sail number of all boats identified on the course side of the starting line at the start signal. Such announcement is a courtesy and failure to hear it shall not constitute grounds for redress.
  - 13.2. Following the display of the General Recall signal, starts for any succeeding classes will follow the new start for the recalled boats.
- 14. BLACK & Z FLAG RULES**
  - 14.1. RRS 30.2, 30.3 are changed as follows:
    - 14.1.1. After the start, boats that have not complied with RRS 30.3 will be notified by hail or display board. After receiving notification, such boats shall keep clear of all other boats unless they intend to act under RRS 60.1(b).
    - 14.1.2. If a General Recall is signaled after the starting signal, all competitors who received a 20% scoring penalty under RRS 30.2 or were disqualified under RRS 30.3 in the recalled race are again eligible to race without penalty.
- 15. ABANDONMENT AND RESCHEDULE OF RACES**
  - 15.1. Races abandoned under the flag 'N' signal shall be re-sailed as soon as possible.
  - 15.2. Races abandoned under the 'N' over 'H' or 'N' over 'A' signals shall be re-sailed as circumstances permit.

**16. THE FINISH**

- 16.1. The finishing line will be between a staff displaying an orange flag on a race committee boat and a nearby mark, or between staffs displaying orange flags on two race committee boats.
- 16.2. If any other course mark remains in the vicinity of the finishing line it will have no required side for boats to finish.
- 16.3. A white flag or second substitute displayed by the RC in the finishing area indicates that another race will be started as soon as possible.

**17. TIME LIMIT**

- 17.1. The time limit will be one and one-half hours for each race.
- 17.2. Any boat still racing more than 20 minutes after the first boat has finished irrespective of handicap rating will be awarded her place per SI 19. This changes RRS 35 and A4.1.

**18. PROTESTS**

- 18.1. Immediately after finishing a race, a boat intending to file a protest shall, as soon as possible, notify the Race Committee signal boat with the sail number(s) of boat(s) being protested.
- 18.2. Upon landing, the RC shall post the time of landing of the RC signal boat.
- 18.3. Protests shall be written on forms available at LESC clubhouse and lodged with the Judges or race committee within 60 minutes of the race committee signal boat docking.
- 18.4. Optimist class will not be exempt from displaying a red flag in a protest situation. Changes RRS 61.1(a)(2).

**19. SCORING**

- 19.1. The Low Point system, RRS A4, will apply, except that each boat's score will be the sum of her score for all races: no score will be excluded. This changes RRS A2.

- 19.2. Boats still racing when the time limit stated in SI 17.1 expires will be awarded two places worse than the last boat to finish. This changes RRS A4.2.

- 19.3. All handicap racing will be scored using the primary Portsmouth Table as currently published by US Sailing.

**20. TURNS PENALTY AND NOTIFICATION**

- 20.1. A boat that has performed a Turns Penalty is requested to notify the RC immediately after finishing.

**21. RADIO USE**

- 21.1. Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction applies to mobile telephones and all other electronic communication devices.
- 21.2. The penalty for infraction of this rule will be total disqualification from the regatta.

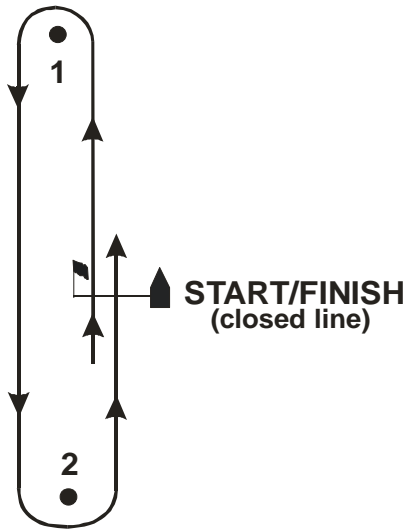
**22. SUPPORT BOATS**

- 22.1 Team leaders, coaches and other support personnel, for Junior Sailors only, are permitted inside areas where boats are racing, however, any negative impact on any competitors by a support boat may, at the discretion of the PRO, cause the disqualification of the boat or boats it is supporting. Such disqualification will only be for the race in which the incident occurred. This changes RRS A5.

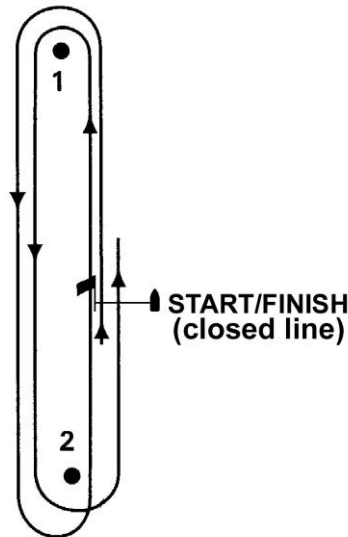
**23. DISCLAIMER OF LIABILITY**

- 23.1 Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during or after the regatta.

**Course A - Windward-Leeward Course with Mid-course Start/Finish Line**  
*Start-1-2- Finish*



**Course B - Windward-Leeward Course with Mid-course Start/Finish Line**  
*Start-1-2-1-2- Finish*



**Course C - Windward-Leeward Start-1-2-1-2-Finish**

